

CAS Strand(s)	Project / Experience	Dates & Duration	Location / Link	What It Is	Why It Fits CAS / How to Use It
Creativity / Service	National Geographic Slingshot Challenge	Submit by February 6, 2026 (for 2025–26 cycle)	Global / online — National Geographic website (National Geographic Society)	Youth (ages 13–18) create a 1-minute video proposing a solution to an environmental / conservation issue in their community. (National Geographic Society)	Students can treat this as a CAS “project + service” by identifying a local environmental problem, designing a solution, making the video, then possibly implementing or promoting it locally.
Creativity	Inktober	Every October, month-long	Global / online — Inktober website (Inktober)	A drawing challenge: one ink drawing per day based on daily prompts. (Inktober)	Students can use this as a creative dedication challenge, documenting progress, reflecting on their growth, and possibly showing their works (e.g. school gallery, social media).
Creativity / Service	Science without Borders® Challenge	Annual (theme announced each year)	Global / online — Living Oceans Foundation site (Living Oceans Foundation)	Students (ages ~11–19) submit artwork about marine conservation or ocean themes. (Living Oceans Foundation)	This can serve as a CAS “creativity + service” because students not only create art but raise awareness about marine issues. After submission, they could run a local awareness campaign.
Creativity / Service	The Earth Prize	Varies (check on their site)	Global / online — The Earth Prize official site (theearthprize.org)	A global sustainability challenge for students 13–19 to propose and execute environmental solutions. (theearthprize.org)	This is directly CAS-friendly: students develop real projects, implement them, reflect on impact.
Creativity / Service	Pitch for the Future	Varies / annual	Global / online — Pitch for the Future site (Pitch For The Future)	Short video competition focusing on social / environmental issues by high school / college students. (Pitch For The Future)	Students can plan, film, and produce the video, tie it to local action, and present reflections.
Creativity / Service	Global Youth Video Competition (UNFCCC)	Annual, often tied to climate events	Global / online — UNFCCC site (UNFCCC)	Youth around the world submit videos showing their climate actions or visions. (UNFCCC)	Great for combining research, action, storytelling — a strong CAS project.
Creativity / Service	Our Only Earth: Global Video Contest	Varies (check in mid-year)	Global / online — Global Networks for Blue Planet (competitionsciences.org)	Students submit videos expressing their views on environment and climate change to inspire others. (competitionsciences.org)	Fits well into CAS: students can plan, create, and use the video as a tool for awareness or school campaign.
Creativity	Light Space & Time Online Art Gallery Competitions	Monthly / themed (each month)	Online / global — Light Space & Time website (lightspacetime.art)	Monthly themed art competitions and exhibitions accepting submissions from emerging artists. (lightspacetime.art)	Students can enter their own works, or the school art club can curate a gallery — encourages consistent creative practice.
Creativity	Picasso Art Contest	Varies (check annual cycle)	Global / online — PicassoArtContest site (picassoartcontest.com)	For students 6–19 to submit artwork internationally. (picassoartcontest.com)	Students of various ages can participate, showcase talents, and reflect on cultural/artistic expression.
Creativity / Service	TKClimate Creative Video Challenge 2025	(Check submission window)	Global / online — TKClimate site (tkclimate.com)	Students aged 10–20 create videos about climate issues, storytelling to prompt action. (tkclimate.com)	Similar to other video challenges: students research, film, publish, and ideally act on their message.